



We are a welcoming Christian community which embraces all people.  
We support each other to grow in faith and create a loving and compassionate community.  
We aspire to live as Christ's witnesses of God's unconditional love.

We are committed to  
being a Child-Safe  
Community

## FIRST SUNDAY IN LENT 22 - 2 -26

This week: Gen 2:7-9, 3:1-7, Rom 5:12-19, Mt 4:1-11

Next week: Gen 12:1-14, 2 Tim 1:8-10, Mt 17:1-19



The First Sunday in Lent always takes us to the temptations of Jesus. Temptations.

Essentially temptations are those things that can *distract* us, distract us from what's important, from priorities, from what brings *lasting*, rather than *temporary*, life.

Only 40 out of 365 days are given to Lent. If we're not alert, focussed and disciplined it will be over before it began

*and its opportunity for renewal will be lost.*

What are the things that *distract* us in life from true priorities?

What are the things that distract us from the priority of Lent?

Those are the questions of this First Sunday in Lent.

Fr Colin

## On the journey to Easter...



Last Saturday our catechumens (preparing for Easter baptism) and our candidate (preparing to be received into the Church) gathered for a special celebration of Mass aimed at helping them appreciate even more deeply the gift of the Eucharist. They are pictured here along with some members of our RCIA team.

We are certainly blessed that so many wish to share in our faith and join our community.

## Palms for Palm Sunday (29th March)

Once again we're going to need your help to ensure that we have palms for our community for Palm Sunday.

Do you (or a friend) have some palms trees? Could you bring them - cut down to individual person's size (~15cm segments of the branch) - in time for Palm Sunday?



Please bring them to drop off in the baskets provided in our two churches on 22nd March (the Sunday before Palm Sunday).



## First Sunday of Lent

Project Compassion 2026 shares stories from around the world. We'll meet Sisilia from Tanzania, Monoranjon from Bangladesh, Manaini from Fiji and Ahmad from Gaza. This week's story can be found on [page 7](#).

Each of this year's stories highlights unique challenges, yet they are united by the determination to rise above adversity and to build brighter, more hopeful futures for themselves, their families and their communities.



**UNITE AGAINST POVERTY**

this Lent

Please donate today.

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

Or online at: [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate)

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty* this Lent.

Our first Lenten Ecumenical Service with our fellow local Churches takes place this week:



THIS Tuesday 24<sup>th</sup> February 7:30pm

at Killara Uniting Church

(Cnr Arnold St and Karranga Ave)

Preacher: Fr Colin Blayney

# Let's truly enter the Season of Lent

## LENTEN ECUMENICAL SERVICES

Once again we'll gather with our sisters and brothers from our fellow local Churches to keep the time of Lent together and to build the bonds of unity for which Jesus prayed at his last supper: 'Father, may they be one...' Please make it a priority to take part in these precious opportunities:

**Tuesday 24th February at 7:30pm**  
at Killara Uniting Church  
Preacher: Rev. Colin Blayney

**Tuesday 10th March at 7:30pm**  
at Roseville Uniting Church  
Preacher: Rev. Christian Hohl

**Tuesday 24th March at 7:30pm**  
at Holy Family Catholic Church at Lindfield  
Preacher: Rev. Yangrae Son

*This week!*

## PROJECT COMPASSION....



is at the heart of Lent with its opportunity for real Lenten sacrifice which is turned into aid for those most in need in our world.

You can use the boxes or envelopes or go online at [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or call 1300 024413 or scan this code....



make sure you choose Lindfield-Killara parish, not Holy Family School)

## AT THE PERSONAL LEVEL:

Why not set a little time aside and tap into the short daily guided meditations at:

<https://pray-as-you-go.org/>

Or explore the immensely rich and wider offering of prayer resources at :

<https://pray-as-you-go.org/discover>



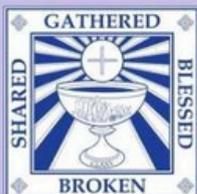
## THE SACRAMENT OF RECONCILIATION



Reconciliation

Please make use of the beautiful sacrament of God's mercy during Lent. The sacrament is available each Saturday in our two churches. Once Holy Week begins there will be no times for Reconciliation as by then our Easter preparations

should be concluded. We will also have a celebration of the **Second Rite of Reconciliation** in our Killara church on Wednesday 25<sup>th</sup> March at 7:00pm.



## WEEKDAY MASS IN LENT

provides a rich opportunity. The daily Scripture readings give food for thought and our meeting with the Lord in the Eucharist deepens our love for Him and for one another.

And remember parking is now available at Lindfield - for the duration of weekday Mass you can park on the internal road or double park in the teachers' carpark (and in Coles!).

## LENTEN REFLECTION PROGRAMME

Booklets for personal reflection containing the Diocesan Lenten Programme - *Walking in the Wilderness: A Lenten Journey of Communion, Participation, and Mission* - are now available in the church foyers.

Please take one home for personal reflection during Lent.

## A Parish Lenten journey - Finding God in all Things

*How can we find God in all aspects of our daily lives?  
How do we keep moving forward to sustain ourselves with God in love and service and our spiritual life?*



God can be found in everyone, in every place and in everything.

We are offering an opportunity for you to experience these graces with others in a Lenten Programme **'Finding God in All Things'** which is at the core of Ignatian Spirituality.

Commencing on Thursday 26<sup>th</sup> February and continuing on the following four Thursdays of Lent.

We will meet in the Shirley Wallace Centre above Holy Family church.

**There are two alternative times:**

**Thursday mornings** at 10:45am (after Mass)

OR

**Thursday evenings** at 7:00pm

**Sign up at the back of the church or scan the code:**

For further enquiries email Teresa at : [tessgumgee@gmail.com](mailto:tessgumgee@gmail.com)



## HELP US TO MAKE OUR EASTER BEAUTIFUL - PLEASE BE PART OF OUR EASTER CHOIR

Our Easter Choir will sing on Holy Thursday, Good Friday and the Mass of the Easter Vigil.

To ensure we are well prepared there will be three rehearsals.  
If you wish to sing please attend **all** rehearsals.

Sunday 15th March 2:30pm to 4:30pm at Lindfield Church

Sunday 22nd March 2:30pm to 4:30pm at Lindfield Church

Sunday 29th March 2:30pm to 4:30pm at Lindfield Church

Rehearsals start promptly so please arrive 10 minutes early to get settled.

We look forward to contributing the beauty of these wonderful celebrations through our music.

For any further information please contact Catherine Willis at [catherinewillis@gmail.com](mailto:catherinewillis@gmail.com)



*As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found. We also pay our respects to Elders past and present.*

## LENTEN REFLECTIONS ON LOVE I

For some of us, these are upsetting and unsettling times. We may be aware that our feelings and daily activities are coloured by a pervasive sense of foreboding.

In this malaise, our first impulse is to do something—anything. We suggest taking a deep breath and inviting God (in the person of Jesus) to be with us and from that relationship discern our next steps. In the First Letter of John, we are told that “God is love” (1 John 4:8). Is it possible that abiding in God’s love, and coming to know better the person of Jesus, we could be helped with our pain and learn to walk more closely with the individuals who are most vulnerable in our world? For some, that may seem on the surface to be a superficial and inadequate response.

Lent is a time for almsgiving, fasting and prayer. It is also a time when we remember God’s great love for us in the person of Jesus Christ. This Lenten season, we invite you to explore with us, “God is love” and how God invites each of us to love. St Paul writes in his First Letter to the Corinthians:

*Love is patient, love is kind;  
love is not jealous or boastful,  
it is not arrogant or rude.  
Love does not insist on its own way,  
it is not irritable or resentful;  
it does not rejoice at wrong,  
but rejoices in the right.  
Love bears all things, believes all things,  
hopes all things, endures all things.  
(1 Corinthians 13:4-7).*

We are not suggesting an exploration of a saccharine kind of love. Rather, a love that “believes all things, hopes all things, endures all things” (1 Corinthians 13:7). This is the love God has for each of us. This is the love Jesus expressed in his public ministry, on the road to Calvary and as he hung on the cross. We know that Jesus showed us how to love in a very chaotic

time. The land where Jesus walked, taught, healed and preached was in many ways as it still is today. Jesus saw the most vulnerable in society abused and marginalised. In the midst of the Roman occupation, Jesus joined in the people’s struggles and invited them to turn to him: “all you who are weary and find life burdensome, come to me.” (Matthew 11:28)

Jesus was patient and forgiving even when the Roman soldiers were torturing him. He never retaliated. His consciousness was focused on his Abba, and he stayed connected to the love he grew up with from his parents, Mary and Joseph. Jesus never lost sight of his own goodness nor the goodness of those who crucified him. Jesus taught us how to love.

We invite you to spend time this Lent with Jesus. By coming to know him more intimately, we can love him more deeply and desire to be more like him in our daily lives. With and through a more intimate relationship with Christ, we can discern how to bring his truth and love into our broken and suffering world.

As we journey through Lent we will explore descriptions of love with Pope Francis’ special insight from his apostolic letter, “The Joy of Love” (Amoris Laetitia). Our hope is that each week we will have a deeper experience of how Jesus loves, so that we can grow in loving as God loves.

Let us pray this week as Lent begins for all the refugees and migrants throughout the world who are struggling. May the ashes on our brow be our sign of solidarity with them.

*-Roger Sullivan*

*These weekly Lenten reflections come from Holy Trinity Parish, a Jesuit-led parish in Washington DC.*

## A LETTER FROM BISHOP ANTHONY

Bishop Anthony has written to us to announce a Revised Safeguarding Charter for our diocese and to announce the 2026 safeguarding theme: ‘Many Cultures - Safeguarding in Every Context.’



You can find Bishop Anthony’s letter on our website under ‘News and Events’ → ‘Messages from Bishop Anthony.’



## Parish Retreat Tarrawarra Abbey

**Details:** arrive afternoon of Monday 13<sup>th</sup> April, depart lunchtime Sunday 19<sup>th</sup> April

**If you would like to take part** please let me know (colin@lindfieldkillara.org.au) as soon as possible so that we can confirm our bookings. There are only 10 spaces available on each retreat. *Fr Colin*

For more information and background go to our parish website (www.lindfieldkillara.org.au) and then click on: Groups & Ministries → Adult Faith Development → Parish Retreats.

## AN EARLY CALL - - EASTER FLOWERS

As you know, at Christmas and Easter we try to make our two churches beautiful with special flower arrangements. This comes at a significant expense since, as you probably know the cost of flowers, like Jack’s Beanstalk, has gone through the roof.



For that reason, as you also know, we always make an appeal for donations towards the Christmas and Easter flower costs. We’re very grateful to those who generously make a donation. However, the donations never cover the whole cost of the flowers - not nearly - and we can’t go on subsidising that.

So, this Easter we will only be able to order flowers in accord with donations received and thus we need to know earlier how much we have to spend. So, if you can help to make our two churches beautiful for Easter you can donate by scanning the code to the left and under ‘My Payment is for’ select option 5: ‘Flowers’. Or just contact the Parish Office to make arrangements.

Many thanks. *Fr Colin*

## Hymns for the First Sunday in Lent

### ENTRANCE: GOD OF MERCY AND COMPASSION

God of mercy and compassion,  
Lord of life and blinding light.  
Truth whom creatures would refashion,  
force on us the gift of sight.

*Refrain:* Truth insistent and demanding,  
Love resented and ignored,  
Life beyond all understanding,  
give us peace and pardon, Lord.

God most holy and forgiving,  
penetrate our pride and sloth;  
on a people partly living,  
force the gift of life and growth.

© Michael Hodgetts (1936-2022)\*0)

### DEDICATION OF THE GIFTS: LOVE WILL BE OUR LENTEN CALLING

Love will be our Lenten calling,  
love to shake and shatter sin,  
waking every closed, cold spirit,  
stirring new life deep within,  
till the quickened heart remembers  
what our Easter birth can mean.

Peace will be our Lenten living  
as we turn for home again,  
longing for the words of pardon,  
stripping off old grief and pain,  
till we stand, restored and joyful,  
with the Church on Easter day.

Truth will be our Lenten learning:  
hear the Crucified One call!  
Shadowed by the Saviour's passion,  
images and idols fall,  
and, in Easter's holy splendour,  
God alone is all in all.

Elizabeth Smith ©1997\*

### COMMUNION: GRANT TO US O LORD

**Refrain:** Grant to us, O Lord, a heart renewed;  
recreate in us your own Spirit Lord!

Behold the days are coming, says the Lord our God,  
when I will make a new covenant  
with the house of Israel. **Refrain**

Deep within their being I will implant my law;  
I will write it in their hearts. **Refrain**

I will be their God  
And they shall be my people. **Refrain**

Lucien Deiss ©1965,1966,1968,1973, World Library Publications\*\*\*

### RECESSIONAL: THOUGH THE MOUNTAINS MAY FALL

*Ref:* Though the mountains may fall  
and the hills turn to dust,  
yet the love of the Lord will stand  
as a shelter for all who will call on God's name.  
Sing the praise and the glory of God.

1. Could the Lord ever leave you?  
Could the Lord forget His love?  
Though a mother forsake her child,  
God will not abandon you.

2. Should you turn and forsake Him,  
God will gently call your name.  
Should you wander away from Him,  
God will always take you back.

Dan Schutte© 1975, OCP\*

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## Hymns for the Children's Mass

### ENTRANCE: CHANGE YOUR HEART

Change your mind, in truth, come & walk with me  
Change your heart, my love will set you free.

1. Jesus came to call the lost ones.  
One day he called to me "Leave darkness behind,  
come walk in the light I want you to follow me"  
He said...

2. So I walked along the path with Jesus,  
a follower I would be.  
He spoke of God's love, He spoke of God's truth,  
And the Good News set hearts free.

3. Then after the darkest hour  
when Jesus died on Calvary  
the dark turned to light and death turned to life  
He said, "I want you to lead with me"

4. So like Matthew we are called to follow.  
And like Matthew we are called to lead.  
Follow with love, let truth lead the way.  
In truth and love come walk with me

Andrew Chinn ©2004, Andrew Chinn\*\*

### DEDICATION OF THE GIFTS: I AM THE BREAD OF LIFE

**Refrain:**  
I am the Bread of Life  
Those who come to me shall not hunger.  
All who believe in me shall not thirst.  
They shall have everlasting life.

All those who come to me, I will not turn away.  
I will raise them all to life on the last day. **Refrain**

No one can come to me unless they are called.  
I am the living bread  
Given for life, for all. **Refrain**

All who eat and drink of me  
- for my flesh is real food -  
You will live in me,  
and I will live in you. **Refrain**

Andrew Chinn ©2017, Butterfly Music\*

### COMMUNION HYMN: THESE HANDS

**Refrain:**  
These hands, this heart,  
This voice, my God  
These hands, this heart,  
this voice, my God.

1. With these hands I pray  
to you. With these hands I  
work for you. With these  
hands I show my love for  
you. **Refrain**

2. With this voice I speak to  
you. With this voice I sing to  
you. With this voice I share  
my love for you. **Refrain**

3. With this heart I share your  
love. With this heart I feel  
your love. With this heart I  
live my love for you.

Andrew Chinn ©2000, Andrew Chinn\*\*



### RECESSIONAL : IN THE FOOTSTEPS OF JESUS

**Refrain:** In the footsteps of Jesus we follow on your way  
As we walk on your path of love and hope and faith.  
We journey together each day as we grow  
In the love of our God, wherever we go.

God sent us Jesus, to show us the way,  
To follow in his love as we grow each day.  
To walk in the light; to walk in the truth  
In all we say and all we do **Refrain**

God gave us Mary, as mother for all.  
She gave her life to follow God's call.  
Walk in God's love, walk in God's peace.  
Walk with our God humbly **Refrain**

Here in this great land, another heard the call:  
To reach out to others, to teach the poor;  
Reach out in love, reach out in deed  
To answer a call from those in need. **Refrain**

Andrew Chinn ©2007, Butterfly Music\*\*

# The Prayers and Responses of Mass

## WE ABSTAIN FROM THE JOYFUL WORDS OF THE GLORIA AS WE AWAIT THE CELEBRATION OF THE DEATH AND RESURRECTION OF JESUS AT EASTER.



### THE PSALM

PS 50:3-6, 12-14, 17

Have mercy on me, God, in your kindness. In your compassion blot out my offence. O wash me more and more from my guilt and cleanse me from my sin.

My offences truly I know them; my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done.

A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your holy spirit.

Give me again the joy of your help; with a spirit of fervour sustain me. O Lord, open my lips and my mouth shall declare your praise.

### THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

*(all bow at the following words in bold):*

**and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

for our sake he was crucified under Pontius Pilate, he suffered death & was buried, and rose again on the third day in accordance with the Scriptures

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living & the dead & his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who, with the Father and the Son, is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen

### GOSPEL ACCLAMATION

Praise to you, Lord Jesus Christ, king of endless glory!  
No-one lives on bread alone, but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

### MEMORIAL ACCLAMATION

We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

## FR RICHARD ROHR OFM'S MEDITATION:

### WHAT DO WE DO WITH THE BIBLE I : READING FOR TRANSFORMATION

*Father Richard Rohr encourages us to read the Bible seeking an inner experience instead of authoritative answers:*

The amazing wonder of the biblical revelation is that God is very different than we thought and much better than we feared. To paraphrase what evolutionary biologist J.B.S. Haldane wrote about the universe, "God is not only stranger than we think, but stranger than we can think." [1] God is not bad news but, in fact, overwhelmingly comforting and good news.

This is what Walter Brueggemann, in *Theology of the Old Testament*, calls a "credo of five adjectives" that continually recurs in the Hebrew Scriptures: This God that Israel—and Jesus—discovered is consistently seen to be "merciful, gracious, faithful, forgiving, and steadfast in love."

It's taken us a long time to even consider that could be true. The only people who really know it to be true for themselves are those who sincerely seek, pray, and often suffer. Outside of inner experience, those are just five more pious words. Outside of our own inner experience of this kind of God, most religion will remain merely ritualistic, moralistic, and doctrinaire.

If we believe in inspiration, and trust that the Spirit was guiding the Bible's listening and writing—but, like all things human, "through a glass darkly" (1 Corinthians 13:12), we will allow ourselves to be led. We will trust that there is a development of crucial divine wisdom inside this anthology of books we call

the Bible. Woven amidst these developing ideas are what I have called the "Great Themes of Scripture."

When we get to the Risen Jesus, there's nothing to be afraid of in God. Jesus's very breath is identified with forgiveness and the Divine Shalom (John 20:20-23). If the Risen Jesus is the final revelation of the nature of God's heart, then we live in a safe and loving universe. But it's not that God has changed, or that the Hebrew God is a different God than the God of Jesus. It's that we are growing up as we move through the biblical texts and deepen our experience. God doesn't change, but our readiness for such a God takes a long time to change. If we stay with the text and tend to our inner life with God, our capacity for God will increase and deepen. If we read the Bible merely searching for certain conclusions so we can quickly reassure our "false self," our spiritual growth will just stop. We will also become a rather toxic person for ourselves and others.

Just as the Bible takes us through many stages of consciousness and salvation history, it takes us individually a long time to move beyond our need to be dualistic, judgmental, accusatory, fearful, blaming, egocentric, and earning-oriented. The text in travail mirrors and charts our own human travail and illustrates all these stages from within the Bible. It offers both the mature and immature responses to almost everything—and we have to learn how to recognise the difference.

**Killara Church**  
5:30pm Vigil  
9.00am\*

**Lindfield Church**  
8.30am 10.15am\*\*  
12noon Chinese Mass  
6:00pm Youth Mass\*\*\*

\* Morning Tea follows 9am Mass at Killara on the 1st Sunday.  
\*\* 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, and is followed by morning tea.  
\*\*\* Parish Pot Luck dinner follows 6pm Mass on the 3rd Sunday.

Weekday Mass this week  
First Week in Lent

Mon. No Mass  
Tues. No Mass  
Wed. 10am Lindfield  
Thur. 10am Lindfield  
Fri. 10am Lindfield

**The Ordinariate of Our Lady of the Southern Cross**  
(gathering in our church at Killara):

Mass Wednesday 6pm (preceded by Exposition from 5pm)  
Thursday 9am Friday 9am Sunday 12 noon  
Evensong 4th Sunday of the month 4pm

Sunday Mass Roster

<b>SATURDAY</b> Killara 5:30PM	<b>21 FEB.</b> Fr Colin	<b>28 FEB.</b> Fr B. Matthew
<b>SUNDAY</b> Lindfield 8:30AM Killara 9:00AM Lindfield 10:15AM Lindfield 12:00PM Lindfield 6:00PM	<b>22 FEB.</b> Fr Colin Fr Anselam Fr Colin Fr Anselam Fr Colin	<b>1 MAR.</b> Fr Colin Fr David Strong Fr Colin Fr Gerard Fr Colin

**How to contact us**

Fr Colin Blayney PP VF, Parish Priest  
0475 558 500 colin@lindfieldkillara.org.au

Parish Office Hours: Tue-Fri. - 9.30am - 4pm

Postal address: PO Box 22, Lindfield NSW 2070

P: 9416 3702 E: parishoffice@lindfieldkillara.org.au

Parish Website: www.lindfieldkillara.org.au

Fr Stephen Hill, Priest-in-residence  
(voice only) 0474 303 261 fr.stephen@me.com

For all of our staff click on 'Our Parish' on the website.

Holy Family School: 4 Highfield Rd, Lindfield  
E info@holyfamily.nsw.edu.au Ph.7256 2141

**Ways that you can support our parish**

**1. Direct debit contributions from your bank A/C:**

**1st Collection:**

(providing for the priests of the parish & retired & sick clergy):  
BSB 062 784 Ac 10000 1624

**2nd Collection:**

(providing for all the operating costs of the parish):  
BSB 062 784 Ac 10000 1623

**2. Credit card:** Scan the code & then select each of our two collections

**3. Periodic payments from your credit card:**  
Just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

**4. The Tap Machines** are available in our two churches.



**FEBRUARY**

Online Meditation Group every Wednesday  
8:00-8:30am.

Wed 25th 10am Book Club

**MARCH**

Sun. 1st Morning Tea following 9am Mass at Killara  
Wed. 4th 11:00am Scripture study (online)  
Sun. 8th 10.15am Children's Mass followed by morn. tea  
Tues. 10th 7:30pm Lenten Ecumenical Service  
Wed. 11th 7:30pm Scripture study (online)  
Fri. 13th 10:00am Healing Mass at Killara  
Sun 15th Potluck dinner following 6pm Mass  
Tues. 17th Parish Pastoral Council  
Wed. 18th 11:00am Scripture study (online)  
Fri. 20th 11:00am Seniors' Social Group  
Sun. 22nd 10.15am Children's Mass followed by morn.tea  
Tues. 24th 7:30pm Lenten Ecumenical Service  
Wed. 25th 10am Book Club

7:30pm Second Rite of Reconciliation

**THE SACRAMENT OF RECONCILIATION**

Saturdays 5:00-5:15pm at Killara

**Our Chinese Catholic Community**

四旬期第一主日 22.2.2025  
中文主日彌撒正午12時

讀經一 (天主創造原祖父母。原祖父母違命。)  
恭讀創世紀 2:7-9, 3:1-7

讀經一 (天主創造原祖父母。原祖父母違命。)  
恭讀創世紀 2:7-9, 3:1-7

上主天主用地上的灰土，形成了人，在他鼻孔內，吹了一口生氣，人就成了一個有靈的生物。上主天主在伊甸園，種植了一個樂園，就將他形成的人，安置在裡面。上主天主使地面生出各種好看好吃的果樹；生命樹和知善惡樹在樂園中央。

在上主天主所造的一切野獸中，蛇是最狡猾的。蛇對女人說：「天主真說了，你們不可以吃樂園中，任何樹上的果子嗎？」女人對蛇說：「樂園中樹上的果子，我們都可以吃；只有樂園中央，那棵樹上的果子，天主說過，你們不可以吃，也不可觸摸，免得死亡。」

蛇對女人說：「你們決不會死！因為天主知道，你們那天吃了這果子，你們的眼就會開了，將如同天主一樣知道善惡。」女人看那棵果樹，實在好吃好看，令人羨慕，且能增加智慧，於是摘下一個果子吃了，又給了她的男人一個；他也吃了。於是，兩人的眼立即開了，發覺自己赤身露體，於是用無花果樹葉，編了裙子，圍著身體。

——上主的話。  
答唱詠 詠51:3-4, 5-6, 12-13, 14, 17  
【答】：上主！我們犯了罪，求你垂憐。（參閱詠51:3）

領：天主，求你按照你的仁慈，憐憫我；依你豐厚的慈愛，消滅我的罪惡。求你洗盡我的過犯；求你除淨我的罪惡。【答】  
領：因為我認清了我的過犯；我的罪惡常在我的眼前。我得罪了你，唯獨得罪了你，因為我作了你視為惡的事。【答】  
領：天主，求你給我再造一顆純潔的心；求你使我心，重獲堅固的精神。求你不要從我的面前，把我拋棄；不要從我身上，收回你的聖神。

【答】  
領：求你使我重獲你救恩的喜樂；求你以慷慨的精神，來扶持我。我主，求你開啟我的口唇；我要親口宣揚你的光榮。【答】

四旬期第一主日 22.2.2025  
中文主日彌撒正午12時

讀經一 (天主創造原祖父母。原祖父母違命。)  
恭讀創世紀 2:7-9, 3:1-7  
上主天主用地上的灰土，形成了人，在他鼻孔內，吹了一口生氣，人就成了一個有靈的生物。上主天主在伊甸園，種植了一個樂園，就將他形成的人，安置在裡面。上主天主使地面生出各種好看好吃的果樹；生命樹和知善惡樹在樂園中央。在上主天主所造的一切野獸中，蛇是最狡猾的。蛇對女人說：「天主真說了，你們不可以吃樂園中，任何樹上的果子嗎？」女人對蛇說：「樂園中樹上的果子，我們都可以吃；只有樂園中央，那棵樹上的果子，天主說過，你們不可以吃，也不可觸摸，免得死亡。」

蛇對女人說：「你們決不會死！因為天主知道，你們那天吃了這果子，你們的眼就會開了，將如同天主一樣知道善惡。」女人看那棵果樹，實在好吃好看，令人羨慕，且能增加智慧，於是摘下一個果子吃了，又給了她的男人一個；他也吃了。於是，兩人的眼立即開了，發覺自己赤身露體，於是用無花果樹葉，編了裙子，圍著身體。

——上主的話。  
答唱詠 詠51:3-4, 5-6, 12-13, 14, 17  
【答】：上主！我們犯了罪，求你垂憐。（參閱詠51:3）  
領：天主，求你按照你的仁慈，憐憫我；依你豐厚的慈愛，消滅我的罪惡。求你洗盡我的過犯；求你除淨我的罪惡。【答】  
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\*\*\*\*\*

彌撒後請各教友參加午餐聚會

Sunday School主日學 12:00 (中英雙語)

\*\*牧職修女司徒金美修女 0419-426899

\*\*北區中心聯絡 Gloria Cheung 0416-118089

**Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:**

**Recently deceased:** Mary McCormick, Juliette El Khouri, Peter Lawrence, Daniel Hodgson. **Anniversary:** John Barker, Gwenda Rose Bradley, James Bradley, Louis Klauser, Cecille McKinnon, Mary Klauser, Jean Pera.

**Please pray for those who are sick:** Elizabeth Wales, Annette Leong, Diana Rosewell, Genevieve Larkin, Elvira Rodriguez, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Ali Crawford, William Wise, Janette Brennan, Barbara and John McMullen.



Donate now



22-year-old Ronita lives in a barangay (native Filipino term for a local district), in Quezon City, the Philippines. She lives with her husband Lean and their two children, Egzy Grey who is 3 years old and Clark who is 5 years old. Ronita's husband works seven days a week in waste disposal, from 3am to 9pm each day. It is exhausting, laborious work, made harder by the very hot climate. Despite this, Ronita and her husband are only able to rent a very small brick room (measuring around 10 square metres).

Growing up, Ronita's family faced many challenges. She grew up with her mum, who worked three jobs because Ronita's father left their family. Ronita has two brothers who married young and never finished school.

Ronita left school when she became pregnant as a teenager. She was at risk of never re-entering the education system when she had her first child, Clark, at 17.

With the support of people like you, Ronita was given a second chance at completing her studies when she heard about the Faithful Companions of Jesus (FCJ), Caritas Australia's local partners in the Philippines. Through the FCJ's Alternative Learning System (ALS) program, Ronita was able to re-enrol in her studies, and continue learning in a safe and flexible environment – even with the arrival of her second child, Egzy Grey.

After completing the ALS class, Ronita attended senior high school classes. Despite the challenges, Ronita persevered with her studies in this environment. Often, she wouldn't get enough sleep as she had to take care of her children and study into the early hours of the morning, even skipping lunch at school as she was unable to afford it.

Ronita has now completed her final high school exams and secured a job at a call centre, which required a Grade 12 Senior High School Diploma to apply. She hopes to earn enough income to continue her studies and support her family.

“One day I hope I will be school teacher, just like Ma'am Jen and Ma'am Grace (her former teachers at FCJ),” Ronita said. “I feel hopeful for the future... Now it's not impossible for me to achieve my dream... Thank you for that.”

## CATECHIST SUNDAY

We acknowledge the important work of Catechists at public schools within our parish.

The act of catechesis is the bringing of the Gospel to the world. A Catechist is one who teaches in the name of the Church.

### WHY DO WE HAVE A SPECIAL DAY SET ASIDE TO COMMISSION CATECHISTS?



The work of a Catechist is a distinct and special ministry in the Church. As the Catechism of the Catholic Church makes clear, “Catechesis is intimately bound up with the whole of the life of the Church – her inner growth and

correspondence with God's plan depend essentially on catechesis”. This ministry of teaching in the name of the Church has a profound dignity, which is why catechists are formally commissioned by the Church. It is only fitting that we set aside a day to highlight this ministry and invite the entire church community to think about our responsibility to share our faith with others.

### PARENTS, THE PRIMARY CATECHISTS OF THEIR CHILDREN

Parents and caregivers are truly the primary teachers of their children. They prepare the soil and plant the first seeds of faith. On Catechist Sunday, we not only highlight the work of Catechists in parishes and schools, but we also commend parents and caregivers, and encourage them to take seriously their role of making their Catholic households a place where faith is passed on to the next generation.



We welcome new Catechists and classroom assistants to join our team.

Please contact Karen Forbes at the parish office  
Phone: 9416 3702 Email: [catechists@lindfieldkillara.org.au](mailto:catechists@lindfieldkillara.org.au)

## ALL ABOUT LENT & EASTER



Use this hotlink box on the homepage of our website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)) for all the information on Lent & Easter in our parish.



Recently our parish staff and the senior staff of our Parish School gathered in the Shirley Wallace Parish Centre for a relaxed luncheon to begin the new school year and to nourish the wonderful parish and school relationship that we have.



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## Youth News

### IT'S A BLESSING HAVING YOU A PART OF OUR COMMUNITY

Here's your weekly update of what's happening with the youth of our church

NEW GAME

# The Word



If you like WORDLE, you'll love the  
new game on the Hallow app

### Activity Time! Fill in the Blanks

"But even now," says the Lord , "\_\_\_\_\_ sincerely and  
return to me with \_\_\_\_\_ and \_\_\_\_\_ and  
mourning. ...." Come back to the Lord your God. He is kind  
and full of \_\_\_\_\_; he is patient and keeps his  
\_\_\_\_\_; he is always ready to forgive and not  
punish. ' - Joel 2:12-13

#### Word Bank

weeping, repent, promise, mercy, fasting

## It's Lent! What can I do during Lent?

The season of Lent is all about your relationship with Jesus, and how you can become closer to him in word and action as we lead up to Easter. During Lent we are called into relationship with Jesus by doing three important things:

**Prayer** - Prayer is the centre of our relationship with God. Our Christian faith cannot survive without prayer.



**Fasting** - We need to make time for Jesus in our daily life, so giving up something like disconnecting from social media or limiting time on video games can be a good way to spend some extra time with our Lord.



**Almsgiving** - almsgiving is all about opening our heart to someone else. We can give money to those in need, but to give your time and attention to someone in need is as important.

